

## Developmental Milestones

**\*Remember**, there is a wide range of normal. This chart is only to give a general idea of the developmental milestones and is not to be used in a pass/fail manner.

	<b>GROSS MOTOR</b>	<b>VISUAL MOTOR</b>	<b>LANGUAGE</b>	<b>SOCIAL</b>
12 mos	Walks alone	Throws objects, lets go of toys, hand release, uses mature pincer grasp	<u>12 mos</u> – uses two words other than “dada/mama,” immature jargonizing (runs several unintelligible words together)	Imitates actions, comes when called, cooperates with dressing
15 mos	Creeps upstairs, walks backwards	Builds tower of 2 blocks in imitation of examiner, scribbles in imitation	<u>15 mos</u> – uses 4-6 words <u>17 mos</u> – knows 7-20 words, points to 5 body parts, uses mature jargonizing (includes intelligible words in jargonizing)	
18 mos	Runs, throws toys from standing without falling	Turns 2-3 pages at a time, fills spoon and feeds him or herself	<u>19 mos</u> – Knows 8 body parts	Copies parent in tasks (sweeping, dusting, etc), plays in company of other children
24 mos	Walks up and down steps without help	Turns pages one at a time, removes shoes, pants, etc., imitates pencil stroke	uses 50 words, pronouns, (I, you, me) inappropriately, two-word sentences, understands 2 step commands	Parallel play
30 mos	Jumps with both feet off floor, throws ball overhand	Unbuttons, holds pencil in adult fashion, differentiates horizontal and vertical lines	Uses pronouns appropriately, understands concept of “one,” repeats 2 digits forward	Tells first and last names when asked, gets themselves a drink without help
3 yrs	Pedals tricycle, can alternate feet when going up steps	Undresses completely, dresses partially, dries hands if reminded, copies a circle	Uses 3 word sentences, uses plurals and past tense, knows all pronouns, minimum 250 words	Group play, shares toys, takes turns, plays well with others, knows full name, age and gender
4 yrs	Hops, alternates feet going downstairs	Buttons clothing fully, catches ball, copies square	Knows colors, says song or poem from memory, asks questions	Tells “all tales,” plays cooperatively with a group of children
5 yrs	Skips alternating feet, jumps obstacles	Ties shoes, spreads with knife, copies triangle	Prints first name, asks what a word means	Plays competitive games, abides by rules, likes to help in household tasks